



## **Voicemail Script to Inform Parents of the COMPASS Study**

Our school will be participating in the 2015-2016 COMPASS Survey. Researchers from the University of Waterloo will ask students to complete a 30-minute questionnaire about healthy eating, physical activity, sedentary behaviour, smoking, alcohol and marijuana-use, and bullying. The survey is confidential and no names are written on the surveys. This means that the name of your child will not be linked with their survey responses. The surveys will be stored at the University of Waterloo and only research staff will have access to the completed surveys. The survey responses will help researchers gather details about youth health, and this information will be shared with our school to help improve school policies and practices related to health. Both the school board and our school have given approval to conduct the study. The survey has been repeated once each year for the past three years, following the same students. This survey has been reviewed by, and has received ethics clearance from the University of Waterloo's Office of Research Ethics. There are no known or anticipated risks to participation in this survey.

On December 8, 2015, students in grades 9 to 12 with parental permission, and who themselves agree to participate, will be asked to take part in the survey. Students are free to withdraw from the survey at any time, without penalty.

If you do not wish your child to participate, please call the COMPASS School Research Coordinator, Christie Ledgley, at 1-800-667-1804 x 36707 or contact Jennifer McMaster at the school office by December 8, 2015. Consent will be assumed unless you notify us otherwise.

If you have any questions or concerns about your child's participation, you may contact Dr. Maureen Nummelin at (519) 888-4567 extension 36005.

To view a copy of the survey questions or for more information about the COMPASS project, please visit [www.compass.uwaterloo.ca](http://www.compass.uwaterloo.ca).

Please note that in cases where researchers believe that a student may need protection from harm, researchers must by law report this information to authorities.